

A verruca is caused by the human papillomavirus (HPV). It's usually picked up in warm, moist places like swimming pools or changing rooms. The virus is immune-invisible and hides from the body's defence system, so the T-cells (our infection-fighting army) don't recognise it. That's why verrucas can be hard to get rid of.

I have considered my options and would like to book a follow up: [HERE](#)

Verruca Management Pathway.
This doc is interactive – underlined text links to more info



Do you have a verruca?

- A rough, thickened patch of skin.
- Small black dots inside.
- Pain or tenderness when squeezed from the sides.
- Sometimes appears in a cluster (called mosaic verrucas).
- Interrupted skin lines running around, not through, the lesion.

Please note: although these features are common, it is possible to have a verruca without them, or to show some of these signs without actually having a verruca. A trained practitioner can help confirm the diagnosis.



BONUS FACTSHEET: WIVES TAILS DEBUNKED!



I am under 12 years old.



I am over 12 years old.

- N:B: Some treatments are unsuitable in pregnancy.



I want action

- [Luca the Verruca](#)
- Child friendly verruca video



Do Nothing!

- Sometimes doing nothing is the best option: here is a [factsheet](#) explaining further.



I want action

- Okay, Let's GO!

Increasing in strength



Conservative management

- [Factsheet / further information on conservative management](#)



freeze and acid

- [Factsheet / further information on freeze and acid method](#)



Verrutop

- [Factsheet / further information on Verrutop](#)



Minimal pain please

- We'll support you at your comfort level, with a range of gentle treatment options



can take a little discomfort

- If you choose our most effective treatments, they may involve a little discomfort – but we'll support you throughout.

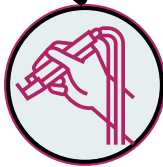


Active Lifestyle

- Treatment options with minimal downtime

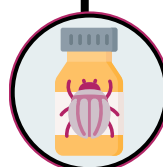


I can be off my feet for a bit



K-laser

- [Factsheet for laser](#)



Beetle Juice / Cantharone

- [Factsheet for Beetle Juice / Cantharone](#)

This is not a standardised pathway for under 12's; however, it may be considered at the discretion of both the practitioner and the patient/parent